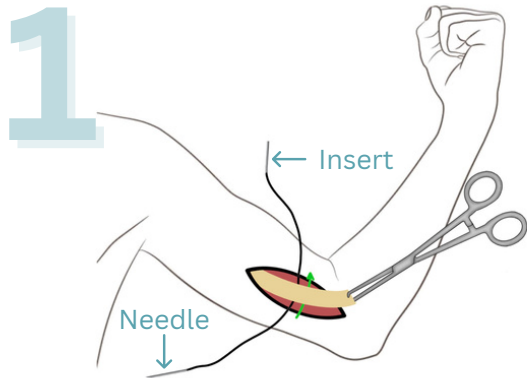
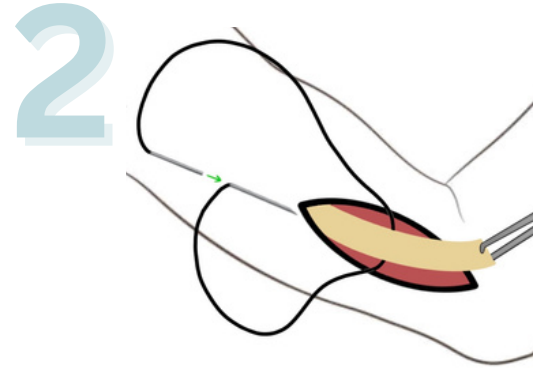




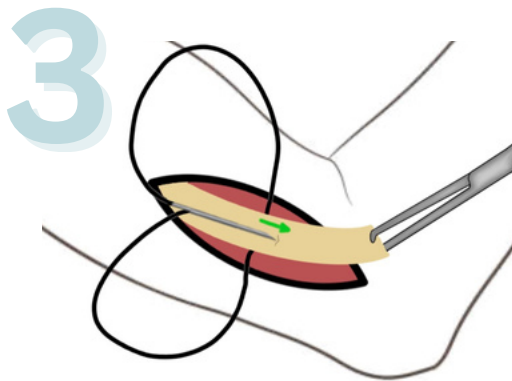
EasyGuide™: Distal Biceps Repair



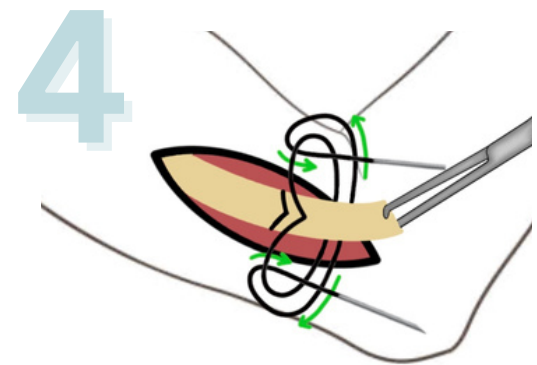
Grasp the tendon end with an Allis clamp and pass the suture around the tendon.



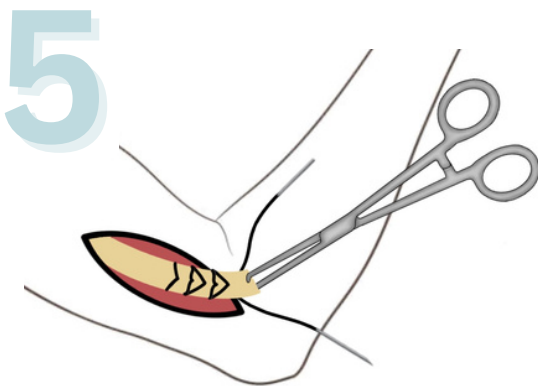
Bring the needle portions around the sides of the tendon. Connect EasyWhip® by sliding the Insert into the back end of the Needle.



To create a **whip stitch**, pass EasyWhip® through the tendon and tension the sutures. Separate the Insert from the Needle and bring around the sides back to the top.



To create a **WhipLock™ stitch**, pass EasyWhip® through the tendon. Before tensioning the suture loops, separate the Insert from the Needle. Pass the Insert and Needle through the loops in the direction of stitching.



Repeat steps 3 and 4 to create an alternating pattern of whip stitches and WhipLock™ stitches.



Once the desired number of stitches are placed, cut both suture tails, discard the Insert and Needle, and anchor the tendon.



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This surgical technique is provided to aid clinicians using EasyWhip® for standard of care procedures. EasyWhip® is indicated for use in approximation and/or ligation of soft tissues, including the use of allograft tissue for orthopedic surgeries. EasyWhip® simplifies and standardizes the same suture ties that can be performed manually. *Reference:* Romeo, A. A., Erickson, B. J. & Griffin, J. W. The Management of Biceps Pathology: A Clinical Guide from the Shoulder to the Elbow, Part III - Distal Biceps Tendon Conditions. (Springer International Publishing, 2021).

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